**Smart Parents\_ English\_March 26th**

2-page feature of MAYYA+MOVEMENT published in Smarts Parents on 26th March 2015.

The article can also be found on its official website in the following link: <http://sp.stheadline.com/smartparents/> (Vol. 258 on P.26 full page + P.28 & 29 upper half)

**Please be advised that this 2-page feature has an EAV of HKD 116,000.**

**“Mother as CEO to help working mothers in Hong Kong to live a balanced lifestyle’** *by Jade Lau, Reporter*

Jade first highlights what Nealy’s background, a mother being a CEO, advocates work-life balance helping working mothers de-stress their lives through difference events and classes organized by her own company MAYYA+MOVEMENT.

She also shares Nealy’s tips on maintaining balanced life and time management and allocation. In her article Nealy encourages mothers to do anything they are passionate in so as to fully enjoy their lives.

Lastly she talks about how Nealy arranges her schedule properly and shares with readers the importance to recognize their life goals and setting up priorities. She takes Nealy’s family activities which are hiking and small baking projects over the weekends as example to the readers to demonstrate a balanced lifestyle.

As you may know, **Sing Tao Daily** is one of the most wide-read Chinese-language daily newspapers in Hong Kong covering local and international news as well as business, entertainment, health, beauty, dinning, lifestyle, and travel content with a circulation of 180,000. It’s official website has a monthly PV of 1,093,590. **Smart Parents**親子王 is a Thursday-only supplement featuring parenting related topics in Hong Kong with a circulation of 219,000.